

# Clover College

♡ ♡ ♡ **2009** ♡ ♡ ♡

The annual **La Crosse County 4-H Clover College** will be held **Saturday, February 14th** at the **West Salem Middle School**. For the low cost of **\$1.00 per 4-H member** and **\$3 per community member** (non 4-H members). You can attend from 1-3 sessions (additional fees may apply) during the day and learn about many interesting subjects.

Read through each session and send in the registration slip (**two are provided on pages 5 & 8**). **Sessions are filled on a first come first serve basis**. We will accept registrations postmarked **January 23rd** when received. Walk-in registrations on **January 27th** starting at 8:30 a.m. Registrations will be accepted after **February 6th**, but you need to call the Extension office to check on the availability of the session you want. **Registrations will not be accepted without payment.**



- Classes begin at 9:00 a.m. Please arrive early to be in time for the start of your session.
- Information for each session including participant lists will be posted.
- Sessions will be offered at **9:00 am, 10:30 am and 12:45 pm**
- Plan to attend at least one session or spend the day.
- Bring along a friend, community members (non 4-H members) are welcome to attend!
- Most sessions are open to members, leaders, and parents.



Country Lanes 4-H club will be operating a food stand at Clover College. Meal tickets can be purchased between 8:30 am and 9:30 am in the information area, after that all purchases will need to be made in the cafeteria. Items will also be available to purchase a la carte during the food stand hours.

## 9:00 AM - NOON

### Advanced Fun with Wood

Instructor: Kevin Heram

Grades: 5th & up

Class Limit: 15

Fee: \$10

Participants will take home a completed woodworking project. Youth will learn skills in sanding, drilling, assembly and finishing. All tools will be provided. **Parent assistance appreciated.**



### Awesome Adventure

Grades: K - 4th

Class Limit: 60

Fee: \$2



What will we do at Awesome Adventure this year? Shh-hh-hh! It's a Mystery! That's right, we'll learn about a mystery pet, have a mystery snack, play some mystery games,... and maybe solve some mysteries too!! So, keep this quiet, don't tell anyone,... and we'll see you there!!

Remember in order to enter an item that you complete at Clover College into the Fair you need to be enrolled in the corresponding 4-H project by **April 1st**.

## Card Making

Instructors: Linda Merten & Julie Nuttleman  
Grades: 4th & up      Class Limit: 16  
Fee: \$8



Use a variety of stamping techniques to make up to 30 all occasion cards and a take home box.

## Ceramics

Instructor: Kathy Grabitske, The Ceramic Nook  
Grades: 5th & up      Class Limit: 20  
Fee: \$7

This ceramics class is for older youth who will learn a variety of techniques throughout the morning. The basic piece included with the class fee is a \$7 piece. However, the instructor is bringing a variety of pieces that range from \$7 to \$20; if you choose a more expensive piece then you pay the difference to the instructor that day--so bring some cash with you. The instructor asks that you arrive early (8:30 am) to pick out your ceramic piece and paints. Please dress appropriately; you will need a shoebox and an old towel as well.

## Ice Fishing

Instructor: Bob Barney  
Grades: 3rd & up      Class Limit: 7

Come and join us for an enjoyable outdoor adventure. You will learn how to ice fish, use fishing gear, and safety ideas when ice fishing. If you have an ice-fishing pole please bring it. We will have some bait.



**Dress warm, we will be out on the lake!**  
Transportation will be provided.

## Introduction to Stained Glass

Instructor: Donna Murphy  
Grades: 6th & up      Class Limit: 6  
Fee: \$10



Come and discover the art of stained glass. You will learn the basics of cutting and shaping glass and when you leave you will have beautiful finished product.

## Norwegian Hardanger Needlework

Instructor: Ruth Ann Holm & Carol Stekel  
Coulee Country Region Embroidery Guild of America

Grades: 5th & up      Class Limit: 6  
Fee: \$5

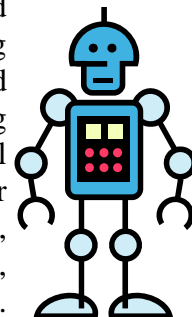


Students will learn several basic stitches in Norwegian Hardanger including cutting threads, weaving and filling. Students will complete a heart shaped handing and embellish it with tiny red beads.

## Robotics

Instructor: David Foye  
Grades: 5th & up      Class Limit: 16  
Fee: \$1

This is an Introductory Robotics Lab. Students will learn basic robotics principles, and practice them by building and operating a robot to move through a maze or field with obstacles. Robots are built using LEGO Technic parts. Students will construct robots using computer "bricks", motors, gears, sensors, wires, etc. They will work in small teams, grouped according to age and abilities. More advanced students will program their robot using computer software and remote controls. This class provides examples of some activities that can be done in the 4-H robotics project. **Parent assistance is encouraged (and needed).**



**9:00 - 10:30 AM**

## Candy Bouquets

Instructor: Cathy Berge  
Grades: K & up      Class Limit: 10

Learn to make an all occasion candy bouquet to keep for decorations or to give as a gift. Each student will make one bouquet to take home. **Please bring your own mug with you!**



## Design It! Plant It! Grow It!

Instructor: Lynn Tschumper

Grades: 3rd & up

Class Limit: 10

Do you enjoy the beauty of flowers? Have you always wanted to create a beautiful flower garden of your own? Then don't miss this! You will learn about designing the flower bed of your dreams and take home with you some ready to plant seed packets. So, come spring you'll be ready to GROW! **Participants should bring with them a drawing in the shape of their flower bed, so we can figure out what to plant in it.**

## Fun and Card Games

Instructor: Terry Jerome

Grades: 6th & up

Class Limit: 12



Euchre-A little tricky to spell and a little "tricky" to play. Come learn how to play this interesting card game. Other exciting card games will be explored as time allows.

## Horsin' Around

Instructors: Pam Dale, Lise Graham & Nancy Wakefield

Grades: K & up

Class Limit: 12

Fee: \$2

Create a "horsey" sun catcher. (Note: Paint is involved; participants should dress appropriately.) Play horse games. Learn more about what the 4-H Horse Project has to offer.

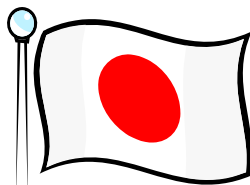
## Life in the Land of the Rising Sun

Instructors: Dean Bloch & Annie Jerome

Grades: 6th & up

Class Limit: 12

Participants will learn about Japanese culture by acquiring some basic language, tasting food, and creating crafts. They will also learn about international traveling and hosting opportunities with 4-H.



## Saturday Morning Live

Instructors: Kelly Wilde, Luke Wilde, Lori Portner and The La Crosse Community Theatre's School of Theatre Arts

Grades: K-3rd

Class Limit: 15



Have you always wanted to be on stage? Join Lori Portner and the performing troupes from the LaCrosse Community Theatre's "School of Theatre Arts" for a fun morning of learning and acting!!

## Tie Dye

Instructor: Patti Barney

Grades: K & up

Class Limit: 8

*Participants will need to bring at least one white cotton item to tie dye.*

Always liked that colorful, wearable art of tie dye and wanted to learn more about how to make it? Then this is it! Join us for discovering the techniques of tie dying.

## Tie Quilting

Instructors: Carol Barney & Phyllis Buchner

Grades: K & up

Class Limit: 6

This class you will learn how to make a tie quilt. The quilts that are made will be donated to various charity groups. You will leave knowing a great technique and with the satisfaction of knowing your work will help others.

## Why Did My Photo Get A 4th Place?

Instructor: Debbie Abraham

Grades: 3rd & up

Class Limit: 16

How to increase your chances of placing well with your photos. Going over the rules of photography. Going over the list of items you can enter at the fair.



# 10:30 AM - NOON

## Candy Bouquets

Instructor: Cathy Berge

Grades: K & up Class Limit: 10

Learn to make an all occasion candy bouquet to keep for decorations or to give as a gift. Each student will make one bouquet to take home. **Please bring your own mug with you!**

## Cooking Up Snacks

Instructors: Viterbo Dietetics Students

Grades: 5th & up Class Limit: 12

Fee: \$1

Kids need snacks! Do you choose snacks that make you strong, and give you shiny hair and glowing skin? Or do your snacks make you feel slow and dull? In this class you'll make snack recipes that will help you be your best! You will make snacks for all occasions: after school, for game days and during athletic events, for parties, and for study breaks.



## Fun and Card Games

Instructor: Terry Jerome

Grades: 6th & up Class Limit: 12

Euchre-A little tricky to spell and a little "tricky" to play. Come learn how to play this interesting card game. Other exciting card games will be explored as time allows.

## Juggling

Instructor: Paul Halter

Grades: 3rd & up Class Limit: 30

The ultimate "learn-by-doing" 4-H project . . . **juggling!** Come for some hands-on action designed to get you juggling in one lesson! Juggling is open to all 4-H youth and adults, regardless of if you've never juggled before. No experience necessary. From Explorers to grandparents, juggling is a skill anyone can learn! Beginners will learn the 3 ball cascade and students who can juggle will learn tricks, or juggling 4 or more balls.



## Tie Dye

Instructor: Patti Barney

Grades: K & up Class Limit: 8

*Participants will need to bring at least one white cotton item to tie dye.*

Always liked that colorful, wearable art of tie dye and wanted to learn more about how to make it? Then this is it! Join us for discovering the techniques of tie dying.



## Tie Quilting

Instructors: Carol Barney & Phyllis Buchner

Grades: K & up Class Limit: 6

This class you will learn how to make a tie quilt. The quilts that are made will be donated to various charity groups. You will leave knowing a great technique and with the satisfaction of knowing your work will help others.

## Volunteer Orientation

Instructor: Bob Matysik

Adult Session Only

This training will orient volunteers on the basics of the 4-H program and how it operates from a youth-centered focus. It will include information on the incidence of child abuse and how caring adults can help in the prevention of child abuse. All adults who wish to work with youth in the 4-H program will be required to attend one orientation session. This session meets the orientation requirements for becoming a leader.

## Why Did My Photo Get A 4th Place?

Instructor: Debbie Abraham

Grades: 3rd & up Class Limit: 16

How to increase your chances of placing well with your photos. Going over the rules of photography. Going over the list of items you can enter at the fair.



**2009 Clover College --- February 14th**

**Participant Registration Form**

(Accepted until classes fill)

Name \_\_\_\_\_

Club \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Work/Cell \_\_\_\_\_

**If we do not notify you, you received your first choice of class you signed up for.....**

**Please select alternate choices.**

**9:00 - Noon**

- \_\_\_\_\_ Advanced Fun with Wood (\$10 / 5th & up)
- \_\_\_\_\_ Awesome Adventure (\$2 / K - 4th)
- \_\_\_\_\_ Card Making (\$8 / 4th & up)
- \_\_\_\_\_ Ceramics (\$7 / 5th & up)
- \_\_\_\_\_ Ice Fishing (3rd & up)
- \_\_\_\_\_ Intro. to Stained Glass (\$10 / 6th & up)
- \_\_\_\_\_ Norwegian Hardanger (\$5 / 5th & up)
- \_\_\_\_\_ Robotics (\$1 / 5th & up)

**9:00 - 10:30 am**

- \_\_\_\_\_ Candy Bouquets (K & up)
- \_\_\_\_\_ Design It! Plant It! Grow It! (3rd & up)
- \_\_\_\_\_ Fun and Card Games (6th & up)
- \_\_\_\_\_ Horsin' Around (\$2 / K & up)
- \_\_\_\_\_ Life in the Land of the Rising Sun (6th & up)
- \_\_\_\_\_ Saturday Morning Live (K - 3rd)
- \_\_\_\_\_ Tie Dye (K & up)
- \_\_\_\_\_ Tie Quilting (K & up)
- \_\_\_\_\_ Why did my photo get a 4th place? (3rd & up)

**10:30 am - 12:00 pm**

- \_\_\_\_\_ Candy Bouquets (K & up)
- \_\_\_\_\_ Cooking Up Snacks (\$1 / 5th & up)
- \_\_\_\_\_ Fun and Card Games (6th & up)
- \_\_\_\_\_ Juggling (3rd & up)
- \_\_\_\_\_ Tie Dye (K & up)
- \_\_\_\_\_ Tie Quilting (K & up)
- \_\_\_\_\_ Why did my photo get a 4th place (3rd & up)

**12:45 - 2:15 pm**

- \_\_\_\_\_ A Day In The Life of A Vet (3rd & up)
- \_\_\_\_\_ Beginning Ceramic Fun (\$7 / K - 4th)
- \_\_\_\_\_ Beginning Fun with Wood (\$8 / K - 4th)
- \_\_\_\_\_ Candy Bouquets (K & up)
- \_\_\_\_\_ Creative Stamping (\$5 / 4th & up)
- \_\_\_\_\_ Get Ready to Cook (\$1 / K - 4th)
- \_\_\_\_\_ High Tech Treasure Hunt:  
GPS Fun (4th & up)
- \_\_\_\_\_ Juggling (3rd & up)
- \_\_\_\_\_ The Quilling Quest (\$2 / 2nd & up)
- \_\_\_\_\_ Raptor Bird Education (\$2 / K & up)
- \_\_\_\_\_ Recycling (\$2 / 3rd - 8th)
- \_\_\_\_\_ Snowshoeing (K & up)
- \_\_\_\_\_ Step Back in Time (\$2 / K & up)
- \_\_\_\_\_ Tie Dye (K & up)
- \_\_\_\_\_ Tie Quilting (K & up)
- \_\_\_\_\_ Why did my photo get a 4th place (3rd & up)

I have enclosed:

Admission 4-H Member/Parent (\$1) \_\_\_\_\_

Admission fee Non 4-H Member (\$3) \_\_\_\_\_

Session fees (if any) \_\_\_\_\_

**Total** \_\_\_\_\_

Make checks payable to:

**La Crosse County 4-H Leaders**

Return to: UW-Extension La Crosse County

400 4th Street N, Room 3140

La Crosse, WI 54601

**Youth Leader / Adult Help**

Name \_\_\_\_\_ Daytime Phone \_\_\_\_\_ Cell \_\_\_\_\_

Session(s) and times you are interested in helping: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

NAME \_\_\_\_\_

\_\_\_\_\_ 10:30 am - Noon --- 4-H Volunteer Orientation

Adult Class ----- **DO NOT NEED ADMISSION FEE**

**12:45 - 2:15 PM**

## A Day in the Life of A Veterinarian

Instructor: Dr. Janet Veit, Hillside Animal Hospital & her dog Deacon

Grades: 3rd & up

Class Limit: 12

Would you like to be a vet? Join Dr. Veit and her dog Deacon as they allow you to explore the world of veterinary medicine. Hands on activities will be included. Get your stethoscopes ready!



## Beginning Ceramic Fun

Instructor: Kathy Grabitske  
The Ceramic Nook

Grades: K - 4th

Class Limit: 20

Fee: \$7

In this ceramics class students will learn some basic beginning techniques of ceramics and leave that day with their finished ceramic work. The basic piece included with the class fee is a \$7 piece. However, the instructor is bringing a variety of pieces that range from \$7 to \$20; if you choose a more expensive piece then you pay the difference to the instructor that day--so bring some cash with you. They need to bring an old towel and shoe box with them. **Please dress appropriately.**

## Beginning Fun with Wood

Instructor: Kevin Heram

Grades: K - 4th

Class Limit: 20

Fee: \$8



Participants will take home a completed woodworking project. Youth will learn beginner woodworking skills. All tools and materials will be provided. **Parent assistance is required.**

## Candy Bouquets

Instructor: Cathy Berge

Grades: K & up

Class Limit: 10

Learn to make an all occasion candy bouquet to keep for decorations or to give as a gift. Each student will make one bouquet to take home. **Please bring your own mug with you!**

## Creative Stamping

Instructors: Linda Merten & Julie Nuttleman

Grades: 4th & up

Class limit: 18

Fee: \$5

Come join us to use a variety of creative stamping techniques to create a wide array of items other than cards; votive holders, note pads, etc.

## Get Ready To Cook

Instructors: Viterbo Dietetic Students

Grades: K - 4th

Class Limit: 12

Fee: \$1

This class will get you started in the kitchen. You'll learn the names and uses of simple cooking equipment and get a chance to use them to make a healthy snack. Learn how to plan a simple meal and set the table.

## High Tech Treasure Hunt:

### GPS Fun

Instructor: Bob Matysik

Grades: 4th & up

Class Limit: 12

Do you want to get outdoors and have some fun? Do you sometimes wonder how you got where you are and how to get back? Geocaching can be a family project or fun with your friends. Geocaching provides you with sights to see and places to visit, where you will find a container hidden somewhere, filled with prizes. You will use a handheld GPS receiver (provided) to find the treasure. This session is designed for beginners to the use of GPS and Geocaching. **Come dressed for the weather as part of the session will be outdoors.**



## Juggling

Instructor: Paul Halter

Grades: 3rd & up

Class Limit: 30

The ultimate "learn-by-doing" 4-H project . . . **juggling!** Come for some hands-on action designed to get you juggling in one lesson! Juggling is open to all 4-H youth and adults, regardless of if you've never juggled before. No experience necessary. From Explorers to grandparents, juggling is a skill anyone can learn! Beginners will learn the 3 ball cascade and students who can juggle will learn tricks, or juggling 4 or more balls.

## The Quilling Quest

Instructor: Colleen Dixon

Grades: 2nd & up

Class size: 10

Fee: \$2

Have you ever wondered what you can do with thin strips of paper? Quilling is the art of curling strips of paper into rolls and scrolls and creating decorative designs. In the class we will practice making several common shapes and transforming them into flowers, critters, etc. A great project to enter in the fair this summer!



## Raptor Bird Education

Instructors: Coulee Wildlife  
Rehabilitation Center

Grades: K & up

Class limit: 25

Fee: \$2



Learn about birds you may see from a distance but have never actually been up close to. Coulee Wildlife Rehabilitation Center is going to present their permanently disabled Raptors along with information about natural history, habitat, ecology, and rehabilitation. Several hands on objects plus seeing live birds you only dreamed of being that close too.

## RECYCLING for Fun & the Fair

Instructors: Jackie & Lia Thingvold

Grades: 3rd-8th

Class Limit: 16

Fee: \$2

Come and have fun making projects from recycled items! You'll leave with a few projects plus ideas for MANY more!!!!



## Snowshoeing

Instructor: Bob Barney

Grades: K & up

Class Limit: 5



Participants will learn about the history, use, and benefits of snowshoeing. You will learn how to snowshoe and experience walking in them on a short adventure, weather permitting. You will also learn how to care for the snowshoes. If your own snowshoes please bring them along. **Come prepared to go outside.**

## Step Back in Time

Instructor: Elizabeth Janvrin

Grades: K & up

Class Limit: 20

Fee: \$2



Come help make butter in an 1800's dasher churn. Craft your own traditional circle bag to hold your treasures around your neck. Turn the crank to shell field corn and then fashion a corn cob doll.

## Tie Dye

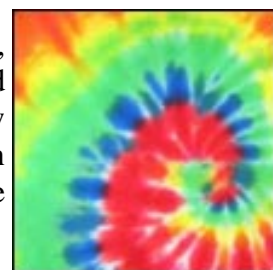
Instructor: Patti Barney

Grades: K & up

Class Limit: 8

*Participants will need to bring at least one white cotton item to tie dye.*

Always liked that colorful, wearable art of tie dye and wanted to learn more about how to make it? Then this is it! Join us for discovering the techniques of tie dying.



## Tie Quilting

Instructors: Carol Barney & Phyllis Buchner

Grades: K & up

Class Limit: 6

This class you will learn how to make a tie quilt. The quilts that are made will be donated to various charity groups. You will leave knowing a great technique and with the satisfaction of knowing your work will help others.

## Why Did My Photo Get A 4th Place?

Instructor: Debbie Abraham

Grades: 3rd & up

Class Limit: 16

How to increase your chances of placing well with your photos. Going over the rules of photography. Going over the list of items you can enter at the fair.



